



October Breakfast Menu

Students Must Choose at Least 3 of the Items Listed
(one choice MUST be a fruit or juice)



Monday	Tuesday	Wednesday	Thursday	Friday
2 mini pancakes cereal toast peaches or juice milk	3 breakfast wrap cereal toast pineapple or juice milk	4 WALK TO SCHOOL DAY cereal bar cheese stick fruit cup milk 	5 cinni-minis cereal toast applesauce or juice milk	6 waffles cereal toast banana or juice milk
9 cereal toast yogurt oranges or juice milk	10 French toast sticks cereal toast kiwi or juice milk	Late Start 11 PBJ cereal toast banana or juice milk	12 western omelet cereal toast pears or juice milk	13 biscuit & gravy cereal toast grapes or juice milk
16 NO SCHOOL	17 muffin cereal toast strawberries or juice milk	18 mini waffles cereal toast pineapple or juice milk	19 cinnamon roll cereal toast applesauce or juice milk	20 breakfast pizza cereal toast peaches or juice milk
23 NO SCHOOL	24 cereal toast yogurt tropical mix or juice milk	25 pancake on a stick cereal toast oranges or juice milk	26 biscuit & gravy cereal toast kiwi or juice milk	27 NO SCHOOL
30 granola bars cereal toast peaches or juice milk	31 French toast sticks cereal toast pineapple or juice milk			

October Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 chicken tetrazzini salad parsley carrots apricots milk	3 sloppy joe tater tots spicy black beans applesauce milk	4 chicken drumstick savory rice broccoli & tomatoes/ranch oranges milk	5 turkey & cheese sub lettuce & tomato French fries banana milk	6 beef & noodles mashed potatoes green beans grapes milk 7-12 muffin
9 BBQ beef on bun baked beans peas fruit mix milk 7-12 brownie	10 beef fritter potatoes & gravy steamed broccoli pineapple milk 7-12 roll	11 chicken chili crispito salad carrots & ranch peaches milk	12 hamburger lettuce & tomato sweet waffle fries strawberries milk	13 burritos lettuce & tomato Mexican corn banana milk 9-12 chips & salsa
16 NO SCHOOL	17 pizza salad cherry tomatoes oranges cookie milk	18 riblet on bun jo-jo's broccoli & ranch fruit cocktail milk	19 chicken patty potatoes & gravy green beans pears milk	20 taco burger lettuce & tomato refried beans banana milk 7-12 chips & salsa
23 NO SCHOOL	24 chicken chili crispito lettuce & tomatoes southwest lentils fruit mix milk 7-12 cherry crisp	25 cheesy breadsticks marinara sauce corn salad peaches milk	26 smoked pork on bun baked beans cole slaw strawberries milk	27 NO SCHOOL
30 corndog French fries broccoli & cheese applesauce milk	31 spaghetti garlic bread salad green beans oranges milk			

Students Will Be Offered An Alternate Entrée Each Day As Follows:

*K-6 - Peanut Butter & Jelly Sandwich

*7-12 - Mini Chef Salad

(7-12 Students Must Choose at Least 3 Items. 1 Item must be either a serving of fruit or vegetables.)

All menus are subject to change in order to make the best of foods available. In the operation of child feeding programs, no child will be discriminated against because of race, sex, color, national origin, age, or handicap. If you believe you have been discriminated against, write immediately to the Secretary of Agriculture, Washington, D.C. 20250. 1% white and chocolate skim milk offered daily.