











November Breakfast Menu



Students Must Choose at Least 3 of the Items Listed
(one choice MUST be a fruit or juice)

Monday	Tuesday	Wednesday	Thursday	Friday
		1 bagel & cream cheese cereal toast pears or juice milk	2 blueberry coffeecake cereal toast strawberries or juice milk	3 breakfast pizza cereal toast banana or juice milk
6 cereal toast string cheese applesauce or juice milk	7 muffin cereal toast oranges or juice milk	8 PBJ cereal toast applesauce or juice milk	9 pancake on a stick cereal toast tropical mix or juice milk	10 biscuit & gravy cereal toast grapes or juice milk
13 mini waffles cereal toast peaches or juice milk	14 western omelet cereal toast pears or juice milk	15 bagel & cream cheese cereal toast kiwi or juice milk	16 cinnamon roll cereal toast strawberries or juice milk	17 mini pancakes cereal toast pineapple or juice milk
20 cereal toast yogurt applesauce or juice milk	21 french toast sticks cereal toast oranges or juice milk	22 NO SCHOOL	23 NO SCHOOL 	24 NO SCHOOL
27 muffin cereal toast strawberries or juice milk	28 breakfast wrap cereal toast peaches or juice milk	29 mini waffles cereal toast kiwi or juice milk	30 cinnamon roll cereal toast pineapple or juice milk	

November Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		1 chicken wrap spanish rice lettuce & tomato peas tropical mix milk 9-12 cookie	2 taco salad refried beans lettuce & tomato chips melon milk	3 chicken & noodles mashed potatoes parslied carrots grapes milk 7-12 roll
6 biscuit & gravy hashbrown patty peas rosy pears milk 7-12 sausage patty	7 white chicken chili corn muffin tomatoes & cukes strawberries milk	8 grilled chicken on bun lettuce & tomato carrots & ranch pineapple milk	9 chicken drumstick baked beans cole slaw roll apricots milk	10 meatball sub jo-jo's salad peaches milk
13 goulash salad roll corn oranges milk	14 corndog tater tots green beans fruit cocktail milk	15 quesadillas broccoli & ranch baby carrots grapes cookie milk	16 riblet on bun lettuce & tomato smiley fries cinnamon applesauce milk	17 taco soup chips & salsa spicy black beans banana milk
20 hamburgers lettuce & tomato french fries strawberries milk	21 turkey & stuffing potatoes & gravy green beans peaches milk pumpkin crumble	22 NO SCHOOL	23  NO SCHOOL	24 NO SCHOOL
27 chicken & noodles mashed potatoes parslies carrots grapes milk 7-12 corn muffin	28 taco salad chips & salsa refried beans melon milk	29 corndog jo-jo's broccoli & cheese applesauce milk 7-12 cookie	30 spaghetti salad garlic bread green beans oranges milk	

Students Will Be Offered An Alternate Entrée Each Day As Follows:

*K-6 - Peanut Butter & Jelly Sandwich

*7-12 - Mini Chef Salad

(7-12 Students Must Choose at Least 3 Items. 1 Item must be either a serving of fruit or vegetables.)

All menus are subject to change in order to make the best of foods available. In the operation of child feeding programs, no child will be discriminated against because of race, sex, color, national origin, age, or handicap. If you believe you have been discriminated against, write immediately to the Secretary of Agriculture, Washington, D.C. 20250. 1% white and chocolate skim milk offered daily.